



First In Families of North Carolina

*Helping people with disabilities and their families
to Believe in their dreams, Achieve their goals, Connect
in their communities and Give Back to others since 1995*

Annual Report Fiscal Year 2021 – 2022

On behalf of our Board Co-Chairs Duncan Munn and Mark Bullock, I extend a huge thank you to you, FIF Friend, for your ongoing support and involvement with our work. Our Board is comprised of people with lived experience who lead our work; our dedicated staff are here to serve our families, and without you, our important partners, we could not exist. Whether you are a funder, a donor, a business partner or a volunteer, we appreciate your time, your skills and contributions, and your belief in First In Families.

Sincerely,



Betsy MacMichael, Executive Director

FIFNC and the 13 Chapters in all 100 counties supported 1,877 families to meet 2,192 needs:

- Basic Needs – 18%
- Other Requests – 15%
- Utilities/Housing – 10%
- Household Items – 8%
- Technology – 8%
- Health & Wellness – 8%
- Transportation – 7%
- Camp/Respite Programs – 6%
- Education – 5%
- Therapy/Counseling – 4%
- Equipment – 3%
- Respite – 3%
- Medical – 2%
- Home Repair/Modification – 2%
- Recreation – 1%

THIS YEAR'S HIGHLIGHTS

First In Families Chapters across North Carolina, fund raised **\$184,041** for **100%** direct family support.

9% of families previously served by FIF were able to **GIVE BACK** this year by making either a financial contribution or by donating items such as household goods, appliances, and medical equipment to help meet the needs of other families.

1,852 VOLUNTEER HOURS were logged to support FIF programs and initiatives throughout North Carolina.

\$262,752 of in-kind contributions, donations and mini grants were added to our public funding. This provided a RETURN ON INVESTMENT of \$1.22 for each public dollar received.

More about the families assisted:

- 82% of applicants in FY 21-22 did not receive formal (waiver) services
- 82% had incomes below 200% of the Federal Poverty Level
- 30% of families stated experiencing a crisis in the past 6 months
- 189 families requested assistance because of being impacted by COVID
- 33% of individuals served were over the age of 21
- 90% would recommend FIF to a friend
- 100% experience future planning concerns

People with Intellectual/Developmental Disabilities we served experienced:

- Autism: 37%
- Intellectual Disability: 12%
- Multiple I/DD: 12%
- Traumatic Brain Injury: 9%
- Cerebral Palsy: 9%
- Other I/DD: 9%
- Developmental Delay: 8%
- Down Syndrome: 4%

FIFNC served 79 individuals/families through the Standard Plan with a Healthy Blue Pilot grant.

FINANCIALS:

During the period of July 1, 2021 – June 30, 2022 FIFNC’s total revenue was \$1,915,905 and total expenses were \$1,975,508

Revenue

Category	Amount
Local Government Grants	1,645,294
Fundraising, Contributions & Misc. Income	112,962
In-Kind Contributions	108,230
Foundation & Corporate Grants	33,900
Program Fees	15,519

Expenses

Category	Amount
Program Services	1,805,133
Management & General	168,054
Fundraising	2,320



Examples of Support Provided This Year

- A 54-year-old man with Autism attends a kitchen prep class to help him obtain a job in food service. His mother, 82, was unable to drive him to his class as her vehicle needed new brakes. FIF negotiated a deep discount and made the repairs through a local auto shop, allowing both her and her son to meet their longer-term needs.
- Strong Ox CrossFit is a new business partner in Oxford, NC. The mother of an 11-year-old boy with ID asked for help to get him CrossFit classes. Over several months he had lost his grandfather and two aunts to COVID-19, and his father nearly died. The discounted CrossFit classes are helping him get physically active, relieve stress, increase dexterity and coordination, and build confidence. His mother expressed it may be life-changing for him. Five County is looking forward to helping more people through this new partnership, and the boy’s mother joined the Management Team!

BOARD OF DIRECTORS FY 21-22

- Duncan Munn, Interim-President, Raleigh
- Mark Bullock Vice-President, Durham
- Timothy Ferreira, Secretary, Wake Forest
- Katie Ledford, Treasurer, Raleigh
- Members: Chris Demetropoulos, Jason Tuell, Pat Reid, Jean Mankowski, Niasha Fray, Krysta Gougler-Reeves