

## Annual Report 2012-13

First In Families of North Carolina: Helping people with disabilities and their families to believe in their dreams, achieve their goals and give back to others since 1996.

Chandler's family requested a family membership to an aquatic center for therapeutic swimming. "Our son learned how to swim, had his birthday party there, loves the exercise and gets his wiggles out as well as gaining upper body strength and establishing some new friends young and old," said Chandler's mom.

FIFNC and the 13 FIF Chapters Provided Direct Family Support across 100 North Carolina Counties to meet the self-defined needs of 2,848 people with Intellectual/Developmental Disabilities and their families.

### People We Served Experience:

Traumatic Brain Injury:	3.6%
Down Syndrome:	3.6%
Cerebral Palsy:	10.9%
Developmental Delay:	10.6%
Autism:	35.0%
Other I/DD:	36.3%

FIFNC directly manages 7 Chapters, Lifeline Project, and Lifetime Connections. It also provides statewide training and quality oversight to all 13 chapters to ensure best practices in family support. 77% of all Chapters scored above 80% on Core Indicators of Chapter health, which

measure customer leadership, leveraging of resources, self-defined goals, and giving back.

[www.fifnc.org](http://www.fifnc.org): We launched a new website to increase the visibility of our organization, and served 14% more families than last year!

Families Supported:

FIFNC and the Chapters it directly manages served 1,108 families!

FIFNC and the local chapters have served 30,564 families since 1998!

“Your work is outstanding! As a social worker I know how very special and important empowerment is. I admire the work you all do together.” – Susan Z., FIF Donor

80% of Lifetime Connections Members indicated they have achieved some of their future planning goals!

96% of families surveyed indicated they would recommend FIF to others!

What we helped with:

Basic Needs:	6%
Camp/Programs:	11%
Day Care:	2%
Education:	9%
Equipment:	8%
Health & Wellness:	4%
Home Repair/Modification:	3%
Household Items:	7%

Medical:	1%
Recreation:	2%
Respite:	3%
Therapy/Counseling:	7%
Transportation:	19%
Utilities/Housing:	1%
Other:	17%

Thank You!

FIFNC families benefited from \$318,436.42 of donated goods, professional services, and monetary contributions. These donations added 40 cents to every dollar of public funding; a 74% increase from last year! Volunteers gave 2,123 hours in service to support our activities.

Management Team Member of the Year: Ha Dinh

The customer-led Management Team is crucial to the family support provided by a First In Families Chapter. Ha Dinh, active member of the Wake Chapter for five years, exemplifies the heart of our mission through dedicated and cheerful service. When Ha learned that another self-advocate applicant was moving into her first apartment and needed dishes she said, "I know I have some things I could pass on." Within a week, a box was delivered to the Wake office full of kitchen items. During the 2013 back to school drive Ha filled many kids' backpacks with school supplies, and at a Thirty-One fundraiser more than met the benchmark for funds raised. Whether helping with fundraisers and public awareness events, assisting with meeting individual applications, or contributing to best practice policy

development for family support, Ha brings great energy and fun to the team. Thank you, Ha!

Donate: Online at [www.fifnc.org](http://www.fifnc.org) or contact FIFNC

Volunteer: With the local FIF Chapter in your area

Partner: Your business or community group with First In Families

Connect: Like us on Facebook & Follow us on Twitter for the latest news

#### Financials:

During the period of July 1, 2012 through June 30, 2013, FIFNC's total revenue was \$1,402,835. Total expenses were \$1,320,274.

#### Income:

State Grants:	2.5%
Program Fees:	1.1%
Fundraising, Contributions, Miscellaneous Income:	2.9%
In-Kind Contributions:	18.3%
Local Government Grants:	75.2%

#### Expenses:

Fundraising:	1%
Management and General:	12%
Program Services:	86%

#### A Letter of Thanks:

Due to the unprecedented generosity of our business partners, and unbounded creativity of our Management Teams and staff, 71% of fulfilled requests were met in part or full by support from businesses,

foundations or donations rather than public funding. The majority of our families do not receive waiver services, and many are not even Medicaid eligible. Crisis prevention is a frequent outcome of our ability to quickly assist families. First In Families complements the new Managed Care system in a vital way, and could not do it without the 513 participating businesses, customer leaders, volunteers of all sorts, and generous public (local and state) funding. We are grateful, and looking forward to next year and even more productive creativity!

Sincerely,

Betsy MacMichael, Executive Director

Greg McGrew, Board President

Board Members:

Greg McGrew, President, Apex

Mark Bullock, Interim Vice President, Durham

Peggy Balak, Secretary, Raleigh

Robin McDuffie, Treasurer, Chapel Hill

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